

SANDY SMITH GLOBAL RACE - SARASOTA FLORIDA OCTOBER 2014
MY EXPERIENCE

I was also honored to be one of the paddlers in the Sandy Smith Global Race. This race is in memory of one of the first paddlers who has died. She was on the first team Dr. Don McKenzie started in Vancouver to prove it was okay for breast cancer survivors to do upper body exercise.

Sandy started the flower ceremony then. Each International festival has a race in her memory and paddlers from each time paddle in the race and then all the boats line up together and hold together with hands so we can do the flower toss together. This festival there were 8 boats. I paddled behind a 27 year old survivor from the Kentucky team and paddled with an 80 year old from the Kentucky team who is a 7 year survivor but has only paddled for 2 years. A very emotional experience.